

National Principals' Conference

Adelaide 13 – 15 June 2018



Highlights

Over 50 Principals and staff from ERA Schools, Offices, Associate and New Zealand Schools gathered at Rostrevor College, Adelaide, for their annual conference.

The theme of this year's conference was *Principal Wellbeing*. Some of the highlights were:

- > Opportunities to network, reflect with and build community among colleagues facing similar experiences, challenges and opportunities
- > Sharing the conference with colleagues from Associate and New Zealand Schools
- > Praying and exploring the ERA Congress Narrative with students from our Adelaide Schools
- > Sharing Eucharist with members of Rostrevor College Community
- > Keynote address: *Whole brain approaches to leadership resilience and joy* – with Sarah Ralston from Rebooting Education
- > Keynote Address: *Passing 60 and not breaking the speed limit: What makes the most difference to support Principals' wellbeing?* – with Professor Donna Cross, University of Western Australia
- > Experiencing and engaging with the different “brains” – Smart, Emotional and Spiritual, through experiences with adventure, singing and meditation
- > An experience of engaging with Christian Meditation as a community – with Julian Kluge, Catholic Education SA
- > An experience of engaging laterally and with a team – at Adventure Rooms
- > An experience of engaging with voice and community – with the Pub Choir at the Publisher Hotel
- > Keynote Address: *Daily habits of high achievers* – with Mark Bunn, Author “Ancient Wisdom for Modern Health”
- > Being welcomed by students and staff from our four Edmund Rice schools in South Australia – FAME Flexible Learning Centre, Christian Brothers' College Adelaide, St Paul's College Gilles Plains and Rostrevor College
- > Address by Dr Wayne Tinsey, ERA Executive Director, focusing on the need to plan and live our lives in the moment. Wayne also acknowledged and thanked those school leaders who were completing their service to ERA during this year.

ERA is deeply interested in the wellbeing of all who lead in our schools. It is the optimism, health, spirituality and general happiness of our principals which allows for the provision of just, spiritual and vibrant environments for all who work, learn and grow in our schools.

– Dr Wayne Tinsey, ERA Executive Director